Challenge y	ourself		April 2025			
tay healthy and grow stronger with	TUE	WED	THUR	FRI	SAT	SUN
8 April	29 April Aqua Zumba	30 April				
lates :30pm-6:30pm)	(12:30pm-1:30pm)					
qua Aerobics :30pm-7:30pm)	Pilates (6:30pm-7:30pm)					
			May 2025			
MON	TUE	WED	THUR	FRI	SAT	SUN
			1 May	2 May	3 May	4 May
			<b>Aqua Zumba</b> (6:30pm-7:30pm)	Aqua Aerobics (6:00pm-7:00pm)	Aqua Aerobics (8:00am-9:00am)	
			· · · · ·	, , ,	Pilates	
					(9:30am-10:30am)	
Мау	6 May	7 May	8 May	9 May	10 May	11 May
ilates :30pm-6:30pm)	<b>Aqua Zumba</b> (12:30pm-1:30pm)		<b>Aqua Zumba</b> (6:30pm-7:30pm)	Aqua Aerobics (6:00pm-7:00pm)	Aqua Aerobics (8:00am-9:00am)	
qua Aerobics	Pilates			(б.оорин-7.оории)	Pilates	
:30pm-7:30pm)	(6:30pm-7:30pm)				(9:30am-10:30am)	
2 May	13 May	14 May	15 May	16 May	17 May	18 May
2 May lates	13 May	14 Ividy		16 May  Aqua Aerobics	17 May  Aqua Aerobics	10 IVIdy
:30pm-6:30pm)	<b>Aqua Zumba</b> (12:30pm-1:30pm)		<b>Aqua Zumba</b> (6:30pm-7:30pm)	(6:00pm-7:00pm)	(8:00am-9:00am)	
qua Aerobics 5:30pm-7:30pm)	<b>Pilates</b> (6:30pm-7:30pm)				<b>Pilates</b> (9:30am-10:30am)	
Э Мау	20 May	21 May	22 May	23 May	24 May	25 May
lates :30pm-6:30pm)	<b>Aqua Zumba</b> (12:30pm-1:30pm)		<b>Aqua Zumba</b> (6:30pm-7:30pm)	Aqua Aerobics (6:00pm-7:00pm)	Aqua Aerobics (8:00am-9:00am)	
qua Aerobics :30pm-7:30pm)	<b>Pilates</b> (6:30pm-7:30pm)				Pilates	
.σορπ τ.σορπι	(0.00рнг/.00рні)				(9:30am-10:30am)	
6 May	27 May	28 May	29 May	30 May	31 May	
lates :30pm-6:30pm)	<b>Aqua Zumba</b> (12:30pm-1:30pm)		<b>Aqua Zumba</b> (6:30pm-7:30pm)	Aqua Aerobics	Aqua Aerobics	
qua Aerobics	Pilates		(0.30pm-7.30pm)	(6:00pm-7:00pm)	(8:00am-9:00am) Pilates	
:30pm-7:30pm)	(6:30pm-7:30pm)				(9:30am-10:30am)	
			June 2025			
MON	TUE	WED	June 2025	FRI	SAT	SUN
MON	102	WED	Inuk	FRI	SAI	1 June
						Aqua Aerobics
						(8:00am-9:00am)  Pilates
						(9:30am-10:30am)
June	3 June	4 June	5 June	6 June	7 June	8 June
lates :30pm-6:30pm)	<b>Aqua Zumba</b> (12:30pm-1:30pm)		<b>Aqua Zumba</b> (6:30pm-7:30pm)			
qua Aerobics	Pilates		(з.оори т.оориі)			
:30pm-7:30pm)	(6:30pm-7:30pm)					
June	10 June	11 June	12 June	13 June	14 June	15 June
	Aqua Zumba	. r dullo	Aqua Zumba	Aqua Aerobics	Aqua Aerobics	.o dullo
	(12:30pm-1:30pm)		(6:30pm-7:30pm)	(6:00pm-7:00pm)	(8:00am-9:00am)	
	<b>Pilates</b> (6:30pm-7:30pm)				<b>Pilates</b> (9:30am-10:30am)	
Lune	47 luna	49 June	40 luna	20 luna	24 luna	22 June
3 June lates	17 June Aqua Zumba	18 June	19 June Aqua Zumba	20 June Aqua Aerobics	21 June Aqua Aerobics	22 June
:30pm-6:30pm)	(12:30pm-1:30pm)		(6:30pm-7:30pm)	(6:00pm-7:00pm)	(8:00am-9:00am)	
qua Aerobics	<b>Pilates</b> (6:30pm-7:30pm)				<b>Pilates</b> (9:30am-10:30am)	
:30pm-7:30pm)				07 1	28 June	29 June
3 June	24 June	25 June	26 June	27 June		
3 June qua Aerobics c:30pm-7:30pm)	24 June Aqua Zumba (12:30pm-1:30pm)	25 June	<b>26 June Aqua Zumba</b> (6:30pm-7:30pm)	Aqua Aerobics (6:00pm-7:00pm)	Aqua Aerobics (8:00am-9:00am)	
3 June qua Aerobics	Aqua Zumba	25 June	Aqua Zumba	Aqua Aerobics	Aqua Aerobics	

Aqua Aerobics (6:30pm-7:30pm) Pilates (5:30pm-6:30pm)						
			July 2025			
MON	TUE	WED	THUR	FRI	SAT	SUN
	1 July  Aqua Zumba (12:30pm-1:30pm)  Pilates (6:30pm-7:30pm)	2 July	3 July Aqua Zumba (6:30pm-7:30pm)	4 July Aqua Aerobics (6:00pm-7:00pm)	5 July Aqua Aerobics (8:00am-9:00am) Pilates (9:30am-10:30am)	END OF TERM 2
				•		Enfield Aquatic Centre