



FEBRUARY 2024

Dear Customers,

February will be a busy, yet exciting month at EAC!

Be sure to check out the information below to know when school carnivals are happening, our new fitness programs and more!

## NEW FITNESS PROGRAMS

We are happy to announce that we have 4 new additional fitness programs available at our centre.

Select the class options below for more information about our exciting new programs.

[Aqua Aerobics](#)   [Pilates](#)   [Aqua Zumba](#)   [Boot Camp](#)

[Mums & Bubs](#)   [Fit 4 Life 50+](#)

Please note, a Pre-exercise Questionnaire will be required prior to making a booking or to participate in the programs. If you indicate 'Yes' on any of the pre screening questions, you will be required to obtain a medical clearance prior to sign-up.

\*Spots are limited\*

Alternatively, call 9078 6169 or email [eac@burwood.nsw.gov.au](mailto:eac@burwood.nsw.gov.au) and a staff representative can assist.



## SCHOOL CARNIVAL SEASON

School Carnivals have started!

Prior to arriving at the centre, be sure to check our [pool availability](#) and [school carnival schedule](#) to find out when facilities are best available.

Alternatively, call 9078 6169 or email [eac@burwood.nsw.gov.au](mailto:eac@burwood.nsw.gov.au) and a staff representative can assist.



## CASUAL LEARN TO SWIM INSTRUCTORS TRAINING

Are you interested in becoming a Royal Life Swimming and Water Safety Teacher?

Enfield Aquatic Centre is offering the opportunity for keen, committed candidates to obtain a teaching qualification for FREE!

To find out more about this amazing opportunity, please click [here](#)

**Closing Date: 12th February 2024**



**Welcome to  
Your local pool**  
Where a lifetime of memories are made.

