

School Holiday Program

September 2021

**Participate
Australia**
Empowered living.

Monday 20 & 27 September 2021



Activity: **10 am – 12 pm: Virtual Wellbeing**

Details: *Wear your comfiest clothes and relax with breath work, meditation, art therapy and setting your intentions for the week.*

Funded by



Activity: **1 pm – 3 pm: Super Duper Me**

Details: *Have fun while building the physical strength and developing creativity.*

Funded by



Tuesday 21 & 28 September 2021



Activity: **10 am – 12 pm: Cartoon Drawing**

Details: *Learn how to draw different kinds of cartoon images.*

Funded by



Activity: **1 pm – 3 pm: Virtual Games & Social Skills**

Details: *Play virtual games with your peers and practise your communication skills! Join us to socialise with your friends and have fun!*

Funded by



Wednesday 22 & 29 September 2021



Activity: **10 am – 12 pm: Green Crafts**

Details: *Save our environment by using recycled materials to make and create beautiful crafts!*

Funded by



Activity: **1 pm – 3 pm: Virtual Tour to Zoo and Sea Life**

Details: *Join us online to see amazing animals, birds and sea creatures. Learn about their habitats, the challenges they face for survival and the amazing adaptations they possess!*

Funded by



Thursday 23 & 30 September 2021



Activity: **10 am – 12 pm: Virtual Zumba**

Details: *Have fun and get your heart pumping in a Zumba class! This session is run by a qualified Zumba instructor.*

Funded by




Activity: **1 pm – 3 pm: Green Painting**

Details: *Reuse your bottles, old cutlery or rocks from your garden to create beautiful paintings and crafts.*

Funded by


Friday 24 September & 1 October 2021



Activity: **10 am – 12 pm: Dress up day!**

Details: *Dress as your favourite superhero (24 September) and favourite story character (1 October 2021)*

Funded by




Activity: **1 pm – 3 pm: Virtual Trivia**

Details: *Test your knowledge amongst your peers and battle to be crowned trivia champion!*

Funded by




Important Information

Activity type

Activity type Due to the COVID-19 measures in place, Participate Australia will be providing one to one support in home and virtual group ratio.

Booking requests

Please contact your facilitator to book or place booking requested by **Thursday, 16th September 2021**. Email us at bookings@participateaustralia.com.au or call on **02 9799 4333**.

Requests received outside of this date will automatically be added to a waiting list.

Cancellations

Please let us know at least 24 hours before the allocated activity if your child is unable to attend as planned. This way we can offer a spot to someone on the waiting list.

For bookings and enquiries:

Email bookings@participateaustralia.com.au

Or call **02 9799 4333**

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Australia