

Youth Recreation & Life Skills Programs

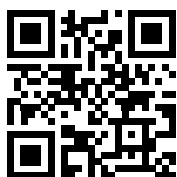
ACTIVITIES INCLUDE:

- > Boxing
- > Soccer
- > Ultimate Frisbee
- > Flag Gridiron
- > Aussie Rules
- > Mental Health Workshops
- > Hip Hop, focusing on rhyming
- > Rap & Song Writing activities

PLUS
GIVEAWAYS
& PRIZES

FREE

for all young
people aged
12 – 18yrs



SCAN FOR MORE INFO

Music Program

Day: Thursday
Time: 3.30pm to 4.30pm
Dates: 29 September 2022
& 6 October 2022
Venue: Burwood Park Community Centre,
2B Comer Street, Burwood

Youth Mental Wellbeing workshop

Find out more about alcohol and drug resources – standard glass of wine, beer or spirits.

Day: Thursday
Time: 2pm to 3.30pm
Date: 29 October 2022
Venue: Burwood Park Community Centre,
2B Comer Street, Burwood

Boxing Program

Day: Thursday
Time: 3.30pm to 4.30pm
Dates: 13 October 2022
to 10 November 2022
Venue: Burwood Park Community Centre,
2B Comer Street, Burwood

Mixed Sports Program

4 Week Sports Program: Soccer, Ultimate Frisbee, Flag Gridiron & Aussie Rules

Day: Thursday
Time: 3.30pm to 4.30pm
Dates: 17 November 2022
to 8 December 2022
Venue: Burwood Park Community Centre,
2B Comer Street, Burwood

17 November 2022 – Soccer
24 November 2022 – Ultimate Frisbee
1 December 2022 – Flag Gridiron
8 December 2022 – Aussie Rules



Are you a young person aged between 12-18 years?

Looking for a fun, safe and enjoyable place to hang out with your friends after school?

Burwood Youth Outreach Program

Every Thursday
3.00–5.30pm

**Burwood Park
Community Centre,
2 Comer St, Burwood**

(located inside Burwood Park,
next to Montessori)

- > Meet other local young people
- > Enjoy some fun activities (such as sport or board games)
- > Get involved in local youth activities/programs
- > Connect with local youth workers for advice and referral
- > Prizes provided, including Westfield vouchers
- > Light snacks provided

NO BOOKINGS REQUIRED. JUST SHOW UP AFTER SCHOOL.

If you have any enquiries, please contact Burwood Council on **9911 9911** or email youth@burwood.nsw.gov.au



In partnership with:

