



Hi

Neighbour,

I just wanted to let you know that I'm here if you need help.

If you are self-isolating and need support I can help.

MY NAME IS

I LIVE AT

MY PHONE

MY EMAIL

I can help you (at no charge) with:

- Your groceries – pick up and drop back
- Getting your medication and other essentials
- Posting mail
- A friendly phone chat
- Other \_\_\_\_\_

Call text or email me and I'll do my best to help.

This postcard is produced by Burwood Council to help our community stay connected and help each other. If you would like more neighbour cards you can download at [burwood.nsw.gov.au/burwoodcares](http://burwood.nsw.gov.au/burwoodcares) or email [burwoodcares@burwood.nsw.gov.au](mailto:burwoodcares@burwood.nsw.gov.au)



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