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Emergency Services

All Emergencies Police, Fire & Ambulance 000
Burwood Police 9745 8499
Poisons Information Centre 131 126
State Emergency Service (Burwood) 9745 1386
Crime Stoppers NSW 1800 333 000
Energy Australia 131 535
Sydney Water Emergencies 132 090
Sydney Water Enquires 132 092
AGL Gas Supply Emergencies 131 909
Burwood Council 9911 9911
Chemist Emergency Prescription Referral Service After Hours 1300 882 294
Concord Repatriation General Hospital - General Enquiries 9767 5000
Dental Emergency Information Service 24 Hours 9369 7050
RTA (Roads & Traffic Authority) Traffic Emergencies & General Enquires 132 213
RSPCA Animal Ambulance – Emergency (Hours 8.30am – 10.00pm) 9770 7556
Council Services

Burwood Access Committee
Community representatives meet regularly to discuss disability and access issues in the Burwood Local Government Area. 9911 9911

Burwood Community Safety Committee
Community representatives meet regularly to discuss safety and crime issues in the Burwood Local Government Area. 9911 9911

Community Bus
11 seater community bus with wheelchair hoist available for hire to community groups and organizations in Burwood. Reasonable fees apply. 9911 9911

Community Development Worker for Aged and Disability
Provides information and advice about local services available to seniors and people with a disability. Is responsible for developing new community projects for seniors and people with a disability. 9911 9911

Enfield Olympic Pool
Offers various swimming programs including Aqua Fitness, Learn to Swim Adult Classes, Squad Training and much more. Contact the pool for more information. 9747 4319

Home & Community Podiatry Service
A service for residents of Ashfield, Burwood, Canada Bay, Canterbury, Leichhardt, Marrickville and Strathfield Local Government Areas (LGAs) who have been assessed to be frail older person, a person with a disability and their carers. Conditions apply. 9911 9939

Home Library Service
Burwood Library provides a home visiting library service available to residents who are permanently or temporarily housebound. That is, people who are unable to visit the library themselves due to age, illness or disability. 9911 9999
Support for Carers

Carers NSW
Provides carer information, support and counselling. Contact between 9am to 5pm.
1800 242 636 www.carersnsw.asn.au

Carers NSW After Hours Service
After hours service call Lifeline.
131 114

Commonwealth Respite and Carelink Centres Inner West
Provides emergency & short term respite, information and advice on local respite services.
1800 052 222

Centre Based Day Care Programs

Elderly Australian Chinese Homes NSW Co-operative Limited
Provides a wide range of aged care services to the elderly Chinese including residential care, home care, day care, respite care, dementia care, day activities, and cluster housing.
9744 8017 www.each.org.au
Centre Based Day Care Programs

**Ella Community Centre - Day Care Programs for the Aged**
Day care program for the frail aged or people with dementia (moderate to high needs) whilst providing respite for carers. Program includes stimulating activities such as monthly outings and social activities for those isolated in the community. Transport for clients provided from home to Ella and return.

**Kalparrin Dementia Day Centre**
Respite for people who have moderate to severe dementia and carers support group.

**Kindilian Centre Based Day Care**
Respite for frail aged, isolated, people with a disability and people with mild dementia. Meals provided, activity program, transport available.

**Uniting Care-Lucan Care Community Centre**
The service provides centre based day care for frail aged people, people with a disability and people with dementia. Provides centre activities and day outings and support for carers.

Health, Wellbeing & Education Programs

**Burwood Seniors Computer Club Inc.**
This is an organisation run by seniors which offers various computer courses for seniors from basic computer to more advanced programs. Seniors learn at their own pace.

**Exercise Prescription & Physiotherapy**
This company provides exercise prescription programs prepared by an exercise physiologist and/or a physiotherapist for an individual. Also offered are balance and stretch classes.
Health, Wellbeing & Education Programs

**Gentle Exercise Classes by Mervian Dixon**
Gentle exercise classes for seniors at Burwood RSL
Tuesdays 9.30am – 10.30am. Bookings are essential.

**Have a Go Programs Woodstock Community Centre**
Burwood Council offers various ‘Have A Go’ Programs at Woodstock Community Centre, including exercise for seniors, craft classes, yoga and much more. Each term programs are rotated. For more information visit www.burwood.nsw.gov.au or contact Burwood Council.

**Personal Exercise Program by Body Torque**
Some people prefer an exercise program that is individually tailored. Bill Patselis, an exercise physiologist & a member of ESSA, runs Body Torque.

**SHARE**
A not-for-profit organisation providing affordable exercise and health education programs for adults aged 50 years and over. A range of fun, low-cost exercise classes are available to suit your needs and abilities.

**Sydney U3A (University of the Third Age)**
Offers more than 200 daytime courses on a wide range of subjects, including history, literature, art, music, science, languages, theatre, and current affairs.

Health

**Amcal Chemists- Independent Living Home Healthcare Centre**
Wide range of aids and equipment for hire and sale for the elderly, people with disabilities and those recovering from illness. Professional assessment, advice/education, and intervention by occupational therapists.

**Central Sydney Community Nursing (Croydon Branch)**
General nursing care provided at home

**Concord Community Aged Care Assessment Team (ACAT)**
Provides Comprehensive Assessment for people who are at risk of inappropriate institutionalization.
Health

Concord Hospital Equipment Loan Pool
This hospital based service loans medical equipment on a short term basis to aid recovery after illness or accident. Anyone requiring equipment needs to have a referral from a therapist or a registered nurse, referral can be through the Aged and Extended Care Department at Concord Hospital. This service provides aid to people living within Ashfield, Burwood, Concord, Drummoyne and Strathfield local government areas.

Croydon Mental Health and Outreach Programs
This service is for people living in the Inner West and includes assessment, psychiatric consultation, acute care, case management, rehabilitation programs and assistance for carers.

Home & Community Podiatry Service
A service for residents of Ashfield, Burwood, Canada Bay, Canterbury, Leichhardt, Marrickville and Strathfield Local Government Areas (LGAs) who have been assessed to be frail older person, a person with a disability and their carers. Conditions apply.

Help at Home – Government Funded Services

Burwood Food Services (Meals on Wheels)
Home delivered hot, frozen and/or chilled meals to HACC eligible clients.

Commonwealth Respite and Carelink Centres
Information for older people, people with disabilities and those who provide care and services. Carelink provides free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia.

Concord Community Options Program
Provides case management and brokerage to clients with complex needs.
Help at Home – Government Funded Services

**Baptist Community Services**
Provides help with housework, shopping, washing, meal preparation and personal care such as showering and dressing.

**Home Care Service, Homecare Referral & Assessment Centre in the Inner West**
Provides assistance and support with housework, personal care and in home respite.

**Inner West Neighbour Aid - Garden Aid**
Assists people who are frail aged, a person with a disability or a carer to create an ‘easy care’ garden. A subsidised lawn mowing service is also available. Conditions and a small fee applies.

**Inner West Neighbour Aid- Beyond Home Project**
Assistance provided to older people in the process of moving into residential care or alternative accommodation.

**Inner West Neighbour Aid- Social Outings**
Offers local social outings to older people or people with a disability who maybe experiencing social isolation. Transport is provided door to door.

**Inner West Neighbour Aid- Volunteer Home Visiting Service**
This program brings together people who may be experiencing social isolation or find it difficult to interact in their community with an appropriate volunteer visitor.

**Inner West Dementia Support Service**
Provides support and respite to carers of people who suffer from dementia.
Help at Home – Government Funded Services

Veterans Home Care- Department of Veterans’ Affairs 1300 550 450
Assists veterans and war widows/widowers with low care needs to remain in their own homes. Includes domestic assistance, personal care, limited home and garden maintenance and respite care.

Veterans Home Front - Department of Veterans’ Affairs 1800 801 945
Aims to prevent falls and accidents at home. Assessors visit homes to examine fall and accident hazards.

Wesley Home Modification & Maintenance Service 9641 7082
For people who are frail aged, people with a disability and their carers.

Private Services

Community Connections Australia 9805 1207
Support service for people who need assistance to stay in their own or rented homes. Short or long term housekeeping, personal care, respite / companionship / monitoring, transport, skills training, attendant care.

Dial an Angel 1300 721 111
Specialising in home and family care, offers home based services including: domestic housekeeping, child care, nursing, eldercare-at-home, gardener-handyman services, pet care, caretaking.

Silver Circle Home Support Services - NSW Office 9281 5444
Provides a range of services to support people to remain living at home independently, including housekeeping, personal care, transport, companionship, respite care, child care, home repair and modification and a personal alarm service. Service delivery is flexible, designed to meet individual needs.

Tender Loving Cuisine 1800 801 200
Provides and home delivers a range of nutritional home style ready to eat dinners, many of which are Heart Foundation Tick approved. A range of organic meals and soups are also available.
Transport

Burwood Council Community Bus
An 11 seater, wheelchair hoist bus is available for hire to community groups and schools. The bus is available on Mondays, Wednesdays, Fridays & weekends. If you wish to obtain more information, please contact Council during office hours.

Inner West Community Transport
Provides shopping, outings and individual transport to medical and social appointments, for frail aged, younger people with disabilities, and their carers. Bus Hire to community groups.

Premier Cabs
Four passenger service in a standard taxi
Wheelchair Accessible Cabs

Taxis Combined

Transport Info Line
Provides public transport users in NSW with the information they need to plan an efficient and successful journey including trains, buses, ferries, and Secure Taxi Ranks.

Information & Support

Burwood Community Welfare Services Inc.
Provides information, counselling, and community support

Skead House, 45 Belmore St, Burwood NSW 2134

Centrelink
Enquiries about Disability Support Pension, Mobility Allowance, Carer Payment, Carer Allowance, and Sickness Allowance.

56 Railway Parade
Burwood NSW 2134
Information & Support

**Commonwealth Respite and Carelink Centres**  
1800 052 222
Information for older people, people with disabilities and those who provide care and services. Centres provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia.

**Council On The Ageing NSW (COTA)**  
9286 3860  
Provides information on services for Seniors.  
www.cotansw.com.au

**NSW Justices Association Ashfield and Burwood Branch**  
9744 9255  
Voluntary community JP service at Burwood Local Court. Wednesdays, Thursdays and Fridays 2.00pm – 4.00pm.  
www.nswja.org.au  
7-9 Belmore Street, Burwood NSW 2134

**Residential Information Service**  
9767 7888
This service provides information and advice about hostel and nursing home vacancies within the Sydney South West Area Health Service-Eastern zone.

**Seniors Card**  
1300 364 758  
Entitles older Australians 60 years and over to a range of benefits & discounts provided by government and businesses. The Card is free.  
www.seniorscard.com.au

**Seniors Information Service**  
131 244  
www.seniorsinfo.nsw.gov.au
Information and referral service for issues relating to older people.

**St Vincent De Paul Society**  
9745 3744  
143 Burwood Rd, Burwood NSW 2134
Assistance and referral centre. Assistance with food, clothing, and furniture for those in need. Help with payment of electricity bills.
Information & Support

The Aged Care Rights Service (TARS)
A community legal centre that provides advocacy for elderly residents of Commonwealth funded hostels and nursing homes, self-care retirement villages and recipients of in-home aged care in NSW. We also give information on the costs associated with entering an aged care home and give advice on retirement village contracts. All calls to TARS are confidential.

Veterans Advice Network - Department of Veterans’ Affairs
Advisory and assistance service offering information on allowances and benefits.

Registered Clubs

Burwood RSL Club
Licensed Club, Buffet Restaurant, Bistro, Coffee Shop, Function facilities with full catering service. Sporting facilities - Darts, Snooker tables, Indoor Bowls, TAB and Keno, Sporting groups.

Club Burwood
Licensed Club, Café 97, Terrace Bar, Rugby Bar, function facilities with full catering service

Coronation Club

Croydon Park Bowling & Recreation Club
Registered Clubs

Croydon Park Ex-Servicemen’s Club
9797 0449
55 Seymour Street,
Croydon Park
NSW 2133

Western Suburbs Australian Football Club
9797 0347
Licensed Club, Bar, Bistro & Dining Room, Separate TAB facilities, Club Keno, Function & Conference Centre, sporting groups.
40 Hampton St
Croydon Park,
NSW 2133

Wests Sports Club
9797 6888
www.westssports.com.au
114 Church St
Croydon, NSW 2133

Social & Leisure Groups

Burwood & District Historical Society Inc
9797 7032
Promotes awareness and preservation of our local history and heritage.
or
9744 2787

Burwood Seniors Social Group
9911 9911
Usually meets on the 3rd Friday of each month at Woodstock Community Centre. For a program of upcoming sessions please refer to Council’s website.
www.burwood.nsw.gov.au

CoAsIt: Italian Social Group
9564 0744
This group is a social group for people who speak Italian. The group meets on a weekly basis in Ashfield.

Lions Club of Burwood
9742 5475
Non-profit fund raising and community service club open to men and women.

National Seniors Australia
1300 765 050
www.nationalseniors.com.au

Probus Club of Strathfield
9816 1561
The club meets monthly at 10am - 12noon on first Tuesday of month at the Coronation Club Ltd, 81 Burwood Rd, Burwood NSW 2134
Social & Leisure Groups

The Rotary Club of Burwood
This club is a Community Services club who continually plan and execute projects to assist the community.
0412 041142
www.rotary.org.au

Woodstock Music Group
Group of amateur musicians who meet at Woodstock once a month to perform and enjoy classical music. For people 55 years and over.
9798 7796

Culturally Specific

Australia-Korean Welfare Association (AKWA)
Provides a range of services to the Korean community, including information, counselling and community education programs. Community Settlement Service worker available to provide settlement services to the Korean community.
9718 9589
Level 2, Canterbury-Bankstown Migrant Resource Centre, 59 Evaline St, Campsie NSW 2194

Chinese Australian Services Society (CASS)
Children’s services, migrant and community services, personal development and counselling services, ageing and disability services, cultural activities, education and training, social and recreational activities.
9789 4587
www.cass.org.au
44-50 Sixth Ave, Campsie NSW 2194

Chinese Elderly Welfare Association Inc. (CEWA)
Tai Chi, Aerobics, Social Dance Class, Talks, Friday Members Gathering, Community Functions.
9744 1438
17 Deane St, Burwood NSW 2134

CoAit - Italian Social Group
This group is a social group for people who speak Italian. The group meets on a weekly basis.
9564 0744
Culturally Specific

**Elderly Australian Chinese Homes-Croydon Hostel**
Hostel care for the elderly from a Chinese background. Provides 24 hour care services. Dementia and respite care available. Referral: Assessment required from Aged Care Assessment Team.

**Korean Society of Sydney Australia**
Social gatherings for Korean speaking community.

**Salvation Army Sydney Chinese Corps**
Various activities for the Chinese speaking community.

**St Christophorus Aged Care**
Provides information, referral, and counselling services. Friendly visits by German speaking volunteers can also be arranged.

**St Elizabeth Caritas Hungarian Association of NSW Inc.**
Catholic Hungarian Church association assisting Hungarian migrants with settlement services such as financial assistance, food and furniture assistance. Also provides social gatherings, workshops and information talks.

**Tamil Senior Citizens Association (NSW) Inc.**
The association provides regular activities to seniors from a Tamil background.
Culturally Specific

The Smith Family Inner West Community Settlement Services (IWCSS)
Provides information and assistance with the settlement needs of newly arrived migrants and refugees living in the Inner West. Settlement services include information and referral, group work and support groups, as well as community education, community development activities and a computer club. Information can cover issues such as housing, employment, English classes, education, training, health, income, schooling, family and legal issues.

Translating & Interpreting Service (TIS)
Professional telephone interpreters available 24 hours a day, 7 days a week. Over 130 languages and dialects. On site interpreters can be arranged by appointment.

Speakers Corner - Chinese Speaking People
This group is for Chinese speaking people who would like to improve their English speaking skills. Speaker’s Corner meets weekly providing opportunity to practice speaking English and gain confidence in a very relaxed and informal setting.

Volunteering

Volunteer Network
An organisation for people wishing to become actively involved in the local community by volunteering. Training and recruitment offered.
Please Note

This guide has been produced by the Community Services section at Burwood Council.

All due care has been taken in its preparation, and the information is believed to be current at the date of production. However, if you know of any changes or additions please contact Burwood Council on 9911 9911 or email: council@burwood.nsw.gov.au

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Burwood Council
Community Services Section
PO Box 240
Burwood NSW 2134

oremail: council@burwood.nsw.gov.au